

# At a Glance

## GLUTEN FREE DISHES

### STARTERS

**Homemade Thai Fishcakes**

### MAINS

**10oz Gammon** with egg or pineapple

**Thai Red Chicken Curry**

**Thai Red Vegetarian Curry**

**Mushroom & Spinach Stroganoff** with or without chicken

**Cajun Chicken**

**Cheese Burger** served without bun and coleslaw

**Cheese and Bacon Burger** served without bun and coleslaw

**Blue Cheese Burger** served without bun and coleslaw

### MAINS

**Grilled Halloumi Burger** served without bun and coleslaw

**King Prawn & Chargrilled Pineapple Salad**

**Grilled Halloumi Salad**

**Ham, Egg & Chips** (served til 2pm only)

**All our Roasts** (Sundays only) served without Yorkshire  
Pudding, Stuffing and with Gluten Free Vegetable gravy

### DESSERTS

**Ice Cream** (except for Salted Caramel flavour) without wafer

**Affagoto** served without biscuit

## VEGETARIAN DISHES

### STARTERS

**Garlic Ciabatta / Garlic Ciabatta with Mozzarella**

**Homemade Bruschetta**

**Homemade Breaded Mozzarella**

### MAINS

**Chilli 'None' Carne**

**Thai Red Vegetable Curry**

**Mushroom & Spinach Stroganoff**

### MAINS

**Pepper, Spinach and Tomato Pasta**

**Grilled Halloumi Burger**

**Grilled Halloumi Salad**

**Nut Roast** (Sundays only)

**Cheese & Pickle Sandwich** (served til 2pm only)

### DESSERTS

**Our entire range of desserts are vegetarian**

## VEGAN DISHES

### STARTERS

**Homemade Bruschetta**

### MAINS

**Chilli 'None' Carne** made with plant based mince

**Homemade Thai Red Vegetarian Curry** with coconut milk

**Pepper, Spinach and Tomato Pasta**

### DESSERTS

**Apple & Raspberry Crumble** served without crumble

## DISHES WITH NUTS

**Bruschetta** (Cashew nuts / may contain other nuts incl peanuts)

**Prawn & Pineapple Salad** (Cashew nuts)

**Sausage & Smoked Cheese Sandwich** (May contain nuts)

**Nut Roast** (Walnuts / Various)

**Affagoto** (Almonds in cookie)

**Apple & Raspberry Crumble** (Almonds in crumble)

**Cheesecake** (May contain nuts)

**Hot Chocolate Fudge Cake** (May contain nuts)

THE ABOVE DISHES ARE PREPARED IN A KITCHEN WHERE GLUTEN, ALLERGEN OR ANIMAL BASED PRODUCTS HAVE BEEN PRESENT AND CHIPS AS WELL AS OTHER FRIED ITEMS MAY HAVE BEEN FRIED IN THE SAME OIL AS ITEMS CONTAINING GLUTEN.

[www.thehalfmoonelloughton.co.uk](http://www.thehalfmoonelloughton.co.uk)

